

WILLIAM PATERSON UNIVERSITY

Counseling Health and Wellness Center Student Resources



Will. Power.

Counseling Visits and 24 hour On Call

973-720-2257

Health Appointments

973-720-2360

Fax 973-720-2632

Physical Location:

**Counseling, Health and Wellness Center
Overlook South D Floor**



Mental Health Drop-In Services



We offer 20-minute sessions without the
commitment of therapy

Talk through a stressor!

Walk-in hours are offered daily

THE COUNSELING, HEALTH & WELLNESS CENTER

MONDAY-FRIDAY 8:30 AM TO 4:30 PM

973-720-2257

24-HOUR PSYCHOLOGICAL EMERGENCY 973-720-2257



Immigration Legal Resources

1. American Friends Service Committee Rights Program – Immigrant Rights Program

- a. **Location:** 89 Market St, 6th Floor, Newark, NJ 07102
- b. **Contact:** (973) 643-1924; <http://afsc.org/program/immigrant-rights-program-newark-nj>

2. Camden Center for Law and Social Justice (Atlantic City)

- a. **Location:** 9 N. Georgia Ave, Atlantic City, NJ 08401
- b. **Contact:** (856) 583-2950; <http://www.cclsj.org>

3. Camden Center for Law and Social Justice – Immigration Services (Camden Office)

- a. **Location:** 126 N. Broadway, 2nd Floor, Camden, NJ 08102
- b. **Contact:** (856) 583-2950; <http://www.cclsj.org>

4. Casa Esperanza

- a. **Location:** 213 West Union Ave, Bound Brook, NJ 08805
- b. **Contact:** (732) 748-1111; <http://www.casaesperanzanj.com>; casaesperanzanj@yahoo.com

Immigration Legal Resources

1. Make the Road New Jersey

- a. **Location:** 42 Broad Street, Elizabeth, NJ 07201
- b. **Contact:** 908-368-1196; <https://www.maketheroadnj.org/>; info@maketheroadnj.org

2. Northeast New Jersey Legal Services (Bergen County Office)

- a. **Location:** 190 Moore Street, Suite 100, Hackensack, NJ 07601
- b. **Contact:** (201) 487-2166; <http://northeastnjlegalservices.org/>; NNJLS@lsnj.org

3. Northeast New Jersey Legal Services (Passaic County Office)

- a. **Location:** 152 Market Street, 6th Floor, Paterson, NJ 07505
- b. **Contact:** (973) 523-2900; <http://northeastnjlegalservices.org/>

4. Seton Hall Detention, Deportation, Defense Initiative

- a. **Location:** Seton Hall University School of Law Center for Social Justice 833 McCarter Highway Newark, New Jersey 07102
- b. **Contact:** (973) 642-8700, M-F, 9-5; CSJ_Reception@shu.edu

"Know Your Rights"



KNOW YOUR RIGHTS: What to Do If ICE Stops You



If ICE is at your door, do not open it.

Not even a little bit. Ask for any warrants to be slipped underneath the door.



Check to see if the warrant is signed by a judge.

ICE can only enter your home if they have a warrant signed by a judge, which they almost never have.



If ICE agents get inside your home, say "I do not consent to you entering my home" and "I do not consent to a search."



You have the right to record or take pictures of ICE agents during an arrest, as long as you don't interfere with law enforcement activities.



You have the right to remain silent.

If you are asked about your immigration status or whether you have show an officer fake immigration documents, you may say: "I have the right to remain silent." Even if you answered some questions, you can still decide that you do not want to answer any additional questions.



Never lie. Do not falsely claim to be lawfully in the United States or have an officer fake immigration documents.



If you tell an immigration officer that you are not a U.S. citizen and don't have immigration documents, there is a good chance you will be arrested. If you have your immigration documents and you are asked for them, it is usually a good idea to show them to avoid arrest.



Don't answer any questions. You and anyone else in your home have the right to remain silent. If you do answer questions, do not lie to an immigration officer.



If you are arrested, you have the right to remain silent.

You may say, "I will remain silent until I speak to an attorney."



Ask for a lawyer.

You do not have the right to an appointed free lawyer, but you do have the right to talk to a lawyer and to hire one on your own.



You don't have to sign anything.

Talk to a lawyer before signing anything or making a decision about your situation.



You have the right to call your consulate

or to have a law enforcement officer tell consulate officials of your arrest. Your consulate might be able to help you find a lawyer.

Know Your Rights

Scan Here



WILLIAM PATERSON
UNIVERSITY

Legal Resources

Scan Here



COUNSELING, HEALTH
& WELLNES CENTER



Students receive
**FREE IMMEDIATE
ACCESS TO
TELETHERAPY**

Private. Secure. Confidential.

WILLIAM
PATERSON
UNIVERSITY



Uwill

Go to <https://app.uwill.com/>

Group Programs

Counseling, Health & Wellness Center Presents

STEPPING STONES

Relaxation Lounge

in Cheng Library

Every Tuesday

12:30 - 1:30pm
Starting Jan 21st



Join Us For

Open Minded Conversations
Peer Support
Activities

We are...

A welcoming and empowering support group for neurodivergent students and those with social anxiety, designed to help navigate social situations, build meaningful connections, and discover your strengths to thrive in college.



Questions?
Call us: 973-720-2257



WILLIAM PATERSON PRESENTS:

LGBTQIA+ PEER SUPPORT GROUP



In partnership with the Office for Student Diversity and Inclusion and the Counseling Health & Wellness Center, we are excited to host a peer support group dedicated to our LGBTQ+ community on campus.

Meeting Schedule:

Every Thursday From 12:30pm - 1:30pm

Starting January 30th 2025 - Until the end of the semester

Location: Student Center, Room 214

JOIN US FOR SUPPORT, CONNECTION, AND COMMUNITY!

THE OFFICE FOR STUDENT DIVERSITY & INCLUSION



Want to know what a change could look like?

TEA & T-BREAK

every Wednesday starting January 22nd
at the Relaxation Lounge in Cheng Library

facilitated by Liz B from the CHWC

1215p - 1:00p



drop in to join us or
scan here to
get started!



A t-break, or tolerance break, helps you to re-evaluate balance in your life with your substance of choice. Join us in our non-judgmental space for community, questions, & guidance.

Questions? Email at: battistone@wpunj.edu



Student Development

[Student Development Home](#)[Mission Statement](#)[Student Development Leadership Team](#)[Departments](#)**Dean of Students**[Social Worker for Student Support & Resources](#)[Bias Prevention and Education Team](#)[Complaint/Incident Reporting Forms](#)[Current Students](#)[Student Handbook](#)[Assessment](#)[Pioneer Pantry](#)[Public Safety](#)[Undocumented Students](#)[Events and Conference Scheduling](#)[William Paterson University Student Memorial](#)

Social Worker for Student Support & Resources

The Social Worker for Student Support and Resources assists students experiencing challenging situations and seeks to reduce the impact of these stressors through connection with campus partners, community resources and support systems, while encouraging success through individualized planning.

In addition, the social worker offers services that raise awareness, provide education, and respond to the impact of dating/domestic violence, sexual assault, and stalking (DVSAS). Students experiencing DVSAS can receive confidential, trauma-informed supportive advocacy as they navigate through the healing process.

Students will have the opportunity to work closely with the social worker to identify challenges, discuss support options, and be connected to resources. The social worker will follow up with students as needed to coordinate these resources and to help them manage their success plan.



Student Referral
(Including Self-Referral) to Social Worker for
Student Support & Resources



Resources



Title IX and Sexual Misconduct

Contact Us



THERESA A. BIVALETZ, MSW, LSW

Social Worker for Student Support & Resources
STUDENT CENTER SUITE 117

OFFICE:

(973) 720-2578

EMAIL:

bivaletzt@wpunj.edu

Call or email to make an appointment. Evening hours available by appointment. Walk-ins welcome!

Faculty/Staff Resources

If you're concerned about a student, you have several options:

- **Navigate Flag:** Raise a Wellness Flag to express your concern. Please avoid including sensitive information. A team member will reach out to the student.
- **Contact CHWC:** If you'd like to discuss the student further, feel free to reach out to us at the Counseling and Health Wellness Center (CHWC).
- **Referral Options:** You may refer the student to CHWC, the Student Development Social Worker, or the Dean of Students.
- **Student of Concern Committee:** If needed, the Student of Concern Committee can be involved.
- Additionally, employees have access to the **Employee Assistance Program (EAP)** for support.

Faculty/Staff Resources

Contact Information:

- Dr. Jill Guzman, Director, CHWC
guzmanj21@wpunj.edu, 973-720-3176
- Ms. Daisy Rodriguez, Associate Director, CHWC
rodriguezd@wpunj.edu, 973-720-3635
- Dr. Eileen Lubeck, Dean of Students
lubecke@wpunj.edu, 973-720-2450
- Ms. Theresa Bivaletz, Social Worker,
Bivaletzt@wpunj.edu, 973-720-2578